



14<sup>th</sup> July 2018

Dear Ten Tors applicant

Thank you for your application to join The Blue School Ten Tors team(s). So far there are 30 students who have signed up for consideration. We may not be able to enter all students, although I plan to train everybody who is interested.

The challenge takes place on **Saturday 11<sup>th</sup> May 2019** and I am planning an extensive training package in the autumn and spring. To take part you will have to complete training and preparation over the summer break and I have attached a training log that you will need to complete (I am going to do so too) over this period.

It is important that we are ready for the autumn and spring terms, so any preparation done over the summer will be beneficial. In order to select the 2/3 teams that we can take, I will give "credit" for various aspects of the training package (e.g. points for taking part in a session or a walk, points for leading the navigation or points for being a good team member in helping out other students).

So, to make sure that you are ready to start in September please complete 3 tasks over the summer break:

- Plan and carry out some half or full day walks and log the distances
- Think carefully about your clothing and equipment and look at the kit list provided – you might have to buy some more
- Discuss the training schedule attached with your families to confirm that you can attend as many of the training dates as possible (don't forget that points will be awarded for attendance)

Yours Sincerely,

PW Newbery  
Geography Teacher and Ten Tors Coordinator

Day	Date	Time	Event	Remarks	
Sun	16/09/2018	0800	Training Walk 1	Local	
Sat	22/09/2018	0800	Training Walk 2	Local	
Sun	07-Oct	0800	Training Walk 3	Local	
Sun	28/10/2018		Training Walk 4	Local	
Fri	16/11/2018		Training Expedition 1 (Weekend)	North Dartmoor	
Sun	18/11/2018		TE 1		
Fri	30/11/2018	1800 - 2359	Training Walk 5 (Night navigation)	Local	
Sat	08/12/2018	tbc	Training Walk 6	tbc	
Sun	10/02/2019	tbc	Training Walk 7	tbc	
Fri	29/03/2019	1600	Training Expedition 2 (Weekend)	North Dartmoor	
Sun	31/03/2019	1700	TE 2		
Thur	02-May	1900	Mock Scrutineering	PNW	
Thur	<b>09/05/2019</b>	0600	<b>10 Tors Challenge</b>		
Sun	<b>12/05/2019</b>	1700	<b>Finish at Tavistock</b>		

Category	Items	Guidance
<b>Rucksack</b>	With separate waterproof liner.	
<b>Walking Kit</b>	Base layer Mid layer – shirt or synthetic Sweatshirt or microfleece Trousers Socks Boots giving ankle support	Ideally wicking to remove perspiration Made of substantial material with long sleeves. To be wind resistant and ideally quick drying. Leggings/track suits/jogging trousers are not acceptable. Good quality walking not sports socks Worn in and in good condition.
<b>Waterproofs/ Poor weather</b>	Jacket with hood Over trousers Gaiters Gloves/Mittens Hat x 2	Robust and capable of keeping you dry under very wet conditions over an extended period. Recommended to provide additional waterproofing. Not fingerless and ideally waterproof. Warm hat covering ears and sun hat preferably with brim.
<b>Spare Clothing (To be packed in a waterproof bag(s))</b>	Base layer Mid layer - shirt or synthetic Sweatshirt or microfleece (Long sleeves) Static Insulation layer – Substantial fleece. Trousers Socks	Dynamic insulation layer. 2 lightweight synthetic fleeces may be substituted but must be separate from mid layer fleece. Recommend carry more than one spare pair.
<b>Sleeping Kit</b>	Sleeping mat Sleeping bag (in waterproof bag)	Thermal insulated and body length carried in a waterproof bag. To provide good insulation comfort rated down to 0° C, comply to European standard EN13537.

